

# Laura Kilbane

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#### **PROFILE**

Experienced guide with advanced medical training. A highly motivated, diligent and enthusiastic individual. A strong communicator with the ability to interact at all levels. Proactive, approachable and a fast learner with a passion for knowledge and acquiring new skills. Adaptable and creative with high levels of commitment. A strong work ethic and a positive attitude adhering to all organizational goals, policies, and procedures.

#### **FORMAL EDUCATION**

- Outdoor Adventure Education, Kinsale College: 2021-2023 (QQI level 6)
   Finished with a distinction level award; certified as an instructor in kayaking, sailing, powerboat, windsurfing, mountain leader (lowland) and rock-climbing
- Emergency Medical Technician Licence, Medicall Private Ambulance Service: 2022-2023

  Successfully completed comprehensive theoretical and practical training in emergency medical services, passing all required exams and practical assessments with distinction including a 4-week work placement
- Nursing Studies, Cork College of Commerce: 2017-2018 (FETAC Level 5)
   Awarded a distinction in all modules which included anatomy, care skills, human growth and development, communications, infection prevention and control, nursing theory including hospital work experience

### **CERTIFICATIONS**

- Safety Boat Certification, Irish Sailing Association
- Powerboat Licence, Irish Sailing Association
- First Aid, CFR Advanced course completed (valid through 2025)
- **C-19 Compliance Officer**, Dublin Airport Association
- B Driving Licence, Ireland (no penalty points)
- Manual Handling Certification, Medicall Private Ambulance Service
- Working at Heights Certification, Occupli

# **WORK EXPERIENCE**

- Partner | Kayak Gozo 2024 Present
  - Partnered in operating and managing private boat tours around Gozo and Comino
  - Managed bookings across multiple platforms, ensuring smooth coordination and timely communication
  - Oversaw maintenance and safety checks of the boat to ensure operational readiness
  - · Handled client enquiries and issues, delivering exceptional customer service and ensuring guest satisfaction
  - Assisted with kayaking operations and took over responsibilities in the owner's absence, including towing trailers and managing logistics
  - Contributed to marketing and trip planning to optimise the guest experience
- Head Guide and Team Manager | Kayak Gozo 2024
  - · Led a team of 7, including 2 trainees and supporting staff, to ensure smooth daily operations
  - Guided and instructed beginners and families as well as experienced kayakers, catering to a wide range
    of ages and skill levels
  - Facilitated communication between the management team and staff, ensuring clear and effective information flow
  - · Resolved conflicts within the team, maintaining a positive and productive work environment

#### • Manager | Bantry Bay Kayaking 2023

- · Head guide in Bere Island
- Created and tested new tour routes in the Bere Island location
- Researched local knowledge and created a stockpile of information for the guides to use on the tours
- Successfully managed all aspects of operations, including overseeing the booking system, addressing customer inquiries via phone and online, and ensuring exceptional customer service
- · Took charge of equipment maintenance, ensuring all gear met the highest safety and quality standards
- Demonstrated a strong commitment to health and safety, conducting ongoing risk assessments before each tour to guarantee the well-being of both customers and staff

# Hospitality Manager | Wild Atlantic Glamping 2023

- Excelled in creating memorable guest experiences with a strong focus on nurturing customer relationships
- · Worked with individual guests to tailor personal excursion on the island catering for all different needs
- Proficiently managed guest arrivals, providing warm welcomes and expert guidance
- Conducted informative and engaging tours for guests to enhance their stay
- Oversaw practical duties, including housekeeping, laundry, maintenance and gardening to ensure a
  pristine and inviting environment
- · Demonstrated a commitment to maintaining the highest standards of cleanliness and guest satisfaction

## Tour Guide | Emerald Outdoors 2022

- Worked as a coordinator with Sheen Falls Hotel to provide private tours for hotel guests
- · Experience working with a large range of different clients and catering to individual needs
- Responsible for client safety and comfort on the tours
- · Research and shared local knowledge such as history, wildlife and folklore

### **KEY SKILLS AND OTHER WORK EXPERIENCE**

- Artic Guide/Representative: Davii Artic Nov 2024 to March 2025
- COVID tester: RocDoc Covid Check Sept 2020 to May 2022
- Carer: Home instead Senior Care 2018 to May 2019
- Bartender/Waitress: The Gaelic Bar January 2015 to May 2020
- IT Skills: Outlook, Excel, Sage and Word programmes, Fairview booking system
- **Communication Skills:** Listening with sensitivity and confidentiality; the ability to develop strong working relationships within a work environment
- **Teamwork/Individual Initiative:** Providing support to colleagues in a busy, high-paced environment; ability to manage and organise within groups; awareness of tasks to be completed and drive to perform
- Volunteer for the Order of Malta: Weekly training and contact with patients

# **INTERESTS**

- Sport
  - Represented Ireland in the European Championships for rowing
  - Won 6 junior Irish Championships
  - · Coached junior rowing for Cork Boat Club
  - Enjoy swimming, rock climbing and have a passion for all major sporting events

#### Music

- Play guitar and love to sing
- Enjoy listening to all music genres and seeing live music gigs

#### Travel

Have travelled to several different countries across Asia, Europe, Central and North America and enjoy
experiencing new cultures and places

# **REFERENCES**

Available on request